

Life Solutions

HELP WITH ALL OF LIFE'S ISSUES



Call: **800.807.1530**

TDD: **800.697.0353**

Mobile App: **GuidanceResources® Now**

Web: **GuidanceResources.com**

Click: **Register**

Enter Organization Web ID: **BBYLife**

Events, personal issues and day-to-day life affect you and your family. That is why Best Buy offers Life Solutions, a **FREE** 24/7 benefit program that covers the entire household of **ALL** U.S. employees. Operated by an independent third party to ensure confidentiality, Life Solutions provides **FREE** support, resources and information to make your life easier and less complex in virtually every situation.

Someone to Talk to

Highly trained master's and doctoral level clinicians are standing by 24/7 to listen to your concerns and quickly refer you to in-person counseling and other resources—**FREE** of charge—for issues like:

- › Stress, anxiety and depression
- › Job pressures
- › Substance abuse
- › Relationship/marital conflicts
- › Grief and loss
- › Problems with children

Financial Peace of Mind

Call our Certified Public Accountants and Certified Financial Planners for **FREE** insight on a wide range of financial topics and issues, including:

- › Getting out of debt
- › Retirement planning
- › Credit card or loan problems
- › Estate planning
- › Tax questions
- › Saving for college

Access to Legal Counsel

Talk to a lawyer by phone for **FREE** legal information, in terms you can understand. If you require additional support, we will refer you to a qualified attorney in your area for a **FREE** 30-minute consultation and a 25% reduction in legal fees thereafter. Call about:

- › Divorce and family law
- › Real estate transactions
- › Debt and bankruptcy
- › Civil and criminal actions
- › Landlord/tenant issues
- › Contracts



Powered by GuidanceResources®

Ask a Question—ANY Question

Delegate your to-do list to us! From the ordinary to the extraordinary, our Specialists will do the research and respond with referrals and information. Some real questions we have answered for others, **FREE** of charge, include:

- › Can you find me a service to help clean up after a party?
- › Where can I find a Spanish tutor?
- › Where can I find someone to appraise my baseball card collection?
- › I need help finding an apartment for two people, two dogs and two snakes.
- › How do I locate a puppeteer for my toddler's birthday party?

Knowledge at Your Fingertips

Go online anytime for **FREE** expert information on the issues that matter most to you...relationships, family, friends, wellness, legal, financial, free time and more. Resources available include:

- › Timely articles, HelpSheetsSM and tutorials
- › Streaming videos and self-assessments
- › A **FREE** downloadable app for iPhone and Android
- › "Ask the Expert" personal responses to your questions

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